



Dr. Pradeep Chowbey MS, MNAMS, FIMSA, FICS, FAIS, FACS
Padmashri Awarded by President of India

Doctor of Science (Honoris Causa)
Joint Managing Director
Chief – Surgery & Allied Surgical Specialities
Director - Institute of Minimal Access, Metabolic and Bariatric Surgery,
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Honorary Surgeon to Armed Forces Medical Services (AFMS)
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Founder President	- Asia Pacific Hernia Society (APHS)
President	- Asia Pacific Metabolic & Bariatric Surgery Society (APMBSS)
President	- Asia Pacific Chapter of International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO).
Past President	- Obesity & Metabolic Surgery Society of India (OSSI)
Board Member	- Gasless Laparoscopic & Endoscopic Surgeons Society International (GasLESS)
Advisor	- Asia Pacific Endosurgery Task Force (AETF)
Trustee & Past President	- Indian Association of Gastrointestinal Endo-Surgeons (IAGES)

Dr. Pradeep Chowbey belongs to the cadre of the pioneer laparoscopic surgeons in India. He was one of the first to perform Laparoscopic cholecystectomy in North India and since then, has worked with singular determination to develop, evaluate and propagate Minimal Access, Metabolic & Bariatric Surgery in India.

Dr. Pradeep Chowbey presently is Joint Managing Director, Chief – Surgery & Allied Surgical Specialities and Director – Max Institute of Minimal Access, Metabolic and Bariatric Surgery (MAMBS) at Max Healthcare Institute Ltd., New Delhi (India). The Max Institute of MAMBS is being accredited as an International Centre of Excellence for Bariatric Surgery by the Surgical Review Corporation (SRC), USA. and Centre of Excellence in Endohernia by the Asia Pacific Hernia Society. The Institute is the First Centre to receive these accreditations in India under the leadership of Dr. Chowbey.

Dr. Chowbey established the Minimal Access, Metabolic & Bariatric Surgery Centre, Sir Ganga Ram Hospital, New Delhi in 1996, which became the first of its kind in the Asian subcontinent under his Chairmanship. His continued quest for professional excellence led him in surgical oncology to visit and train in some of the best medical institutions in the World like Memorial Sloan Kettering Cancer hospital, New York, John Hopkins Institute in U.S.A. and Royal Marsden Cancer hospital, in U.K. The Centre was recognized and acknowledged as a Global Centre of Excellence in the field of Endosurgery under leadership of Dr. Chowbey.

Dr. Chowbey was one of the surgeons to recognize and acknowledge the increasing prevalence of obesity in India. With his characteristic determination, he pursued the surgical treatment (bariatric surgery) of patients of morbid obesity. His tenacity has borne fruit with a large number of patients benefiting following bariatric surgery. The support group for obese people has been set up to provide interactive forums, consultation, moral support and information about weight loss.

Dr. Pradeep Chowbey is a Founding designee in the International Centre of Excellence for Bariatric Surgery Program by Surgical Review Corporation, USA. He is Founder President of Asia Pacific Hernia Society (APHS), President of Asia Pacific Metabolic & Bariatric Surgery Society (APMBSS) and President of Asia Pacific Chapter of International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) after serving the association as Secretary General & Founder Member. He is immediate Past President of Obesity & Metabolic Surgery Society of India (OSSI).

His academic kudos are several and to name a few, he is on the Advisory Board of Asia Pacific Endosurgery Task Force (APETF). He was awarded the Padma Shri in 2002 for his dedication and service in the field of Minimal Access Surgery by President of India. He was also awarded Honorary Membership of Indonesian Hernia Society at Bali, Indonesia in 2009 and Gulf Cooperation Council Hernia Society (National Chapter of Asia Pacific Hernia Society), Dubai in 2010. He was one of the founder members of Indian Association of Gastrointestinal Endosurgeons (IAGES) and later served as President of the association. Presently, he is honorary laparoscopic and endoscopic surgeon to the President of India and Honorary consultant laparoscopic surgery to the Armed Force Medical Services (AFMS). He represents India as Governor to the Society of Endoscopic & Laparoscopic Surgeons of India (ELSA). He is Board member of Gasless Laparoscopic & Endoscopic Surgeons Society, International (GasLESS). Recently he has been awarded Doctor of Science (Honoris Causa Doctorate) by His Excellency Governor of MP and the Vice-Chancellor of the University of Jabalpur. He is a member of various national and international societies. He is an Advisor to various Government bodies and universities to provide expertise and facilities of minimal access surgery including procurement of medical equipment for the medical institutions & hospitals.

Dr. Chowbey in association with his team in the department performed more than 50,000 major Minimal access surgeries between 1992-2010. **He along with his team operated on the President of India, Shri K R Narayanan in March 2001.** Dr. Chowbey features in the Guinness Book of Records 1997 and Limca Book of Records in consecutive editions 2000 - 2010 for performing most minimal access surgeries. He had the honor of operating on His Holiness **Dalai Lama** on 10th October 2008.

Dr. Chowbey was nominated the Convenor by the National Board of Examinations of Post Doctoral Fellowship in Minimal Access Surgery in 2001 and have trained more than 3000 surgeons from India and abroad.

Dr. Chowbey has been designated as a teaching faculty – expert panel at number of prestigious international and national institutions for the live surgical workshops and world congresses and has addressed erudite surgical audiences all over the world. He has conducted and actively participated in more than 700 national and international workshops on basic, advanced & bariatric laparoscopic procedures. Continuing with his passion to educate and train increasing number of young doctors in the art of Minimal Access Surgery.

Dr. Chowbey with the core-group of experts from all over the country, formulated guidelines and recommendations for minimal access surgery, endoscopic hernia surgery and obesity in India.

- **Metabolic & Obesity (MOS) Guidelines, India** (consensus recommendation and guidelines in relation to overweight, obesity, diabetes, metabolic syndrome and risk associated with these conditions for Indians). A Summit organized by Minimal Access, Metabolic & Bariatric Surgery Centre, Sir Ganga Ram Hospital in association with Ministry of Health & Family Welfare, Government of India; Obesity & Metabolic Surgery Society of India (OSSI), All India Association for Advancing Research in Obesity (AIAARO) and Diabetes Foundation of India (DFI) at New Delhi on 15 & 16 November 2008

- **Consensus Guidelines for Endohernia Surgery** (monograph that outlines the best available practice guidelines in Endohernia groin surgery) during the Fourth Annual Meeting of International Endohernia Society (IEHS) organized by Minimal Access, Metabolic & Bariatric Surgery Centre, Sir Ganga Ram Hospital in conjunction with Asia Pacific Hernia Society and Hernia Society of India (National Chapter of APHS) held at New Delhi on 19 - 21 February 2009.
- **Minimal Access Surgery - Guidelines and Recommendations** supported by all medical bodies and governmental organizations of repute viz. Indian Medical Association, National Board of Examinations, Medical Council of India, Ministry of Health and Indian Council of Medical Research, and are also endorsed by the Indian Association of Gastrointestinal Endo-Surgeons (IAGES), released by the Hon'ble President of India at Rashtrapati Bhavan in July 2002
- **Educational set** of CD-ROMs (15 CDs) on **"Basic and Advanced Laparoscopic Surgeries"**, released by the Hon'ble President of India at Rashtrapati Bhavan in July 2002.

Dr. Chowbey edited / authored a text book "Endoscopic Repair of Abdominal Wall Hernias" that crystallizes the enormous experience of a team of minimal access surgeons who are leaders in the field of laparoscopic hernia repair. He also edited / authored a Monograph titled "Mechanism of mishaps and risk reduction strategies" exclusively focused on "Safety Measures".

He is a Guest Editor of "Advanced Laparoscopic Gastrointestinal Surgery" Book which is the first series of books of "Clinical Surgical Gastroenterology and Liver Transplantation", modeled on Surgical Clinics of North America, published by Elsevier.

He is actively involved in publishing articles with more than 75 original scientific papers in international and national indexed journals and contributed chapters for various Text / Reference books.

- Guest Editor, Laparoscopic GI Surgery Book, Publisher:Elsevier, 2011
- Editorial Advisory Board, Health Positive Journal, 2008
- Editorial Advisory Board, HEAL, 2008
- Editorial Board Member, Hernia – The World Journal of Hernia and Abdominal Wall Surgery, 2006
- Reviewer, Surgical Endoscopy, 2006
- Editorial Board Member, Obesity Journal, 2005
- Editor, Journal of Minimal Access Surgery (JMAS), 2004.
- Author, Special Issue on Laparoscopic hernia repair, World Journal of Surgery, France, 2004
- Honorary Section Editor for the Minimal Access Surgery section, Hospital Today [Mediworld Group of Publications], 2004.
- Member, Editorial Advisory Board of Annals, IMA Academy of Medical Specialities (IMAAMS), 2003.
- Member, Editorial Advisory Board, BH Journal of Applied Medical Sciences(BHJAMS), 2002.

- Member, Editorial Advisory Board, An international Journal of Gastroenterology and Hepatology (GUT), Indian Edition, Volume 1, Number 1, April 2001.
- Member, Editorial Advisory Board, Indian Journal of surgery, the official publication of Association of Surgeons of India, 2000.
- Guest Editor for special issue on Minimal access surgery of Journal of International Medical Science Academy (JIMSA), 2000
- Associate Editor, Journal of Society of Endoscopic and Laparoscopic Surgeons of Asia (ELSA), 1999

Teaching - A Passion

Building a Global Centre of Excellence in Endosurgery

In 1996, he established the Department of Minimal Access Surgery at Sir Ganga Ram Hospital, the first of its kind in the Asian subcontinent. Today, this department is recognized and acknowledged as a Global Centre of Excellence in the field of Endosurgery. The department attracts visiting surgeons from all over the world and has already introduced & trained more than 2000 surgeons to the art of Laparoscopic Surgery.

Post Doctoral Fellowship in Minimal Access Surgery

The National Board of Examinations has nominated Dr. Chowbey as the Convenor for conferring a Post Doctoral Fellowship in Minimal Access Surgery from 2001. Dr. Chowbey has been designated as a teaching faculty – expert panel at number of prestigious national and international institutions for the live surgical workshops and world congresses and has addressed erudite surgical audiences in world over. Continuing with his passion to educate and train increasing number of young doctors in the art of Minimal Access Surgery. He has conducted over 250 workshops all over the country and abroad to popularize the concept of minimal access surgery.

Responsible **Leadership** through Safety & Better patient care:

The first step in this direction:

- **"Minimal Access Surgery - The Development of Guidelines & Recommendations"**

Minimal Access Surgery introduced a sweeping revolution in surgical practice ever since its dramatic entry more than a decade ago. India was no exception and it was not long before several committed, enthusiastic surgeons ensured that the technique spread to all corners of the country. There are numerous patients who benefited from the new and patient friendly surgery. Thus it became possible to perform Minimal Access Surgery (also known as Minimally Invasive Surgery / Laparoscopic Surgery / Key Hole Surgery) on the Gall Bladder, Hernia of all types, Appendix, Intestines, Stomach and many other organs in the body like Spleen, Liver, Kidney, Adrenal, etc. An unbridled enthusiasm without adequate training and exposure may lead to several avoidable complications.

ACADIMA 2000 was a landmark conference organized by Indian Medical Association (IMA) in conjunction with National Board of Examinations (NBE), Medical Council of India (MCI), Ministry of Health and Indian Council of Medical research (ICMR). This mega conference encompassed several specialities and Minimal Access Surgery was one of them. The national workshop of live laparoscopic surgery was conducted in Sir Ganga Ram Hospital and was webcast on the Internet (First historical webcast of live surgery in India).

It was during ACADIMA 2000 that an opinion crystallized that there was a dire need for an expert committee that would issue guidelines and recommendations on the complex issues pertaining to Minimal Access Surgery. This thought was also endorsed by the Indian Association of Gastrointestinal Endo-Surgeons (IAGES) with great enthusiasm.

A core group comprising of pioneers and experts on Minimal Access Surgery, drawn from all parts of the country was thus, constituted under the Chairmanship of Dr. Pradeep K Chowbey. Several brainstorming sessions were held through the year to crystallize thought for safe practices in minimal access surgery. Evidence based surgical approaches were reviewed in great detail keeping in mind Indian patients, surgeons, hospital and industry. The commoner surgical procedures by minimal access were debated at length and researched to arrive at guidelines and recommendations on these commonly performed surgical procedures.

It was envisaged that these guidelines would provide a framework for Indian surgeons, hospitals, nursing homes and allied medical industry. The guidelines, though of a recommendatory nature, have proved extremely useful to all concerned. With these guidelines in place, which would of course, need regular updates, a major step forward was taken to ensure that minimal access surgery takes firm and stable roots throughout the country without compromising the safety of our patients.

The resulting treatise on "**Minimal Access Surgery - Guidelines and Recommendations**" and an **Education set** of CD-ROMs (15 CDs) on "**Basic and Advanced Laparoscopic Surgeries**" was released by the Hon'ble President of India at Rashtrapati Bhavan in July 2002.

- Text book on "**Endoscopic Repair of Abdominal Wall Hernias**"

Continuing with his passion to educate and train increasing number of young doctors in the art of Minimal Access Surgery, Dr. Chowbey has edited a book "**Endoscopic Repair of Abdominal Wall Hernias**" that crystallizes the enormous experience of a team of minimal access surgeons who are leaders in the field of laparoscopic hernia repair.

The next logical steps:

- **Safety - An Ongoing Crusade**

Organization of the first of its kind International Congress & Workshop on Minimal Access Surgery focusing exclusively on Safety called **Endosurgery'05**

The Congress was the first of its kind in the World in over a decade of history of Minimal Access Surgery, exclusively focused on "Safety Measures". The theme of the congress was "**Mechanism of mishaps and risk reduction strategies**". The practice of Minimal access surgery has grown exponentially over the years. Indeed, surgical practice has been revolutionized like never before. Unbridled enthusiasm ensured its application for diverse surgical procedures in many surgical disciplines. Attempts were made to standardize surgical procedures performed by minimal access with the publication of guidelines and protocols by reputed surgical associations. Unfortunately, failures, complications and mishaps are inherent in any surgical intervention and minimal access surgery is no exception. In fact this technology and approach has resulted in a different set of problems and mishaps unique to it.

The curtain raiser to Endosurgery 05 was a two day Hands-on Workshop on Advanced Laparoscopic Surgery on 25 & 26 February, wherein 24 surgeons from 5 countries participated. The main Congress of Endosurgery 05 was a video based conference in which never seen before videos of rare complications acquired from around the world were screened for delegates with view to share, assimilate and learn from collective experience.

A unique feature of Endosurgery 05 was the introduction of "**Rapid fire**" and "**Video Story**" segments in the Conference. These essentially comprised brain storming interactive sessions of the Faculty with delegates after viewing rare recordings of problems / mishaps to arrive at a consensus regarding management. Retrospectively, these segments proved to be the most popular for the visual impact and practical tips derived therefrom.

Masters of Minimal Access Surgery from across the globe congregated to deliberate on **Safety measures & advances made in the field of Minimal Access Surgery** and to showcase meticulous and rigorous time tested surgical audits, as proven and efficacious methods of reducing complications and improving clinical outcome of patients. They shared their immense experience spanning more than

a decade since this modality of surgery was started in the World. **More than 800 delegates participated in this event.**

On the concluding day of the Congress a live surgical workshop was held at Sir Ganga Ram Hospital wherein a leading International faculty alongside Consultants from department of Minimal Access Surgery presented 12 live operations to an audience of 600 committed delegates.

During the Congress, a **Monograph** titled “**Mechanism of mishaps and risk reduction strategies**” exclusively focused on “Safety Measures”, authored / edited by Dr. Pradeep Chowbey & team was released by the **Hon’ble Health Minister Dr. A Ramodass.**

The feedback after the conference and workshop at Sir Ganga Ram hospital has been positive. Many World leaders in laparoscopy returned home with uniform effusive praise both for Endosurgery 05 and operative facilities in the department which compare with the best in the world today.

- **Obesity – an emerging menace:**

The “**Asia Pacific Obesity Conclave**” under the aegis of **Asia Pacific Bariatric Surgery Society (APBSS)** in conjunction with **Indian Association of Gastrointestinal Surgeons (IAGES)** and **All India Association for Advancing Research in Obesity (AIAARO)** was held at Hotel Taj Palace, New Delhi from 1 – 4 March 2006. The Conclave was organized by the **Department of Minimal Access Surgery and Bariatric Surgery Centre, Sir Ganga Ram Hospital, New Delhi (India)**, under Chairmanship of Dr. Pradeep Chowbey (Secretary General of Asia Pacific Obesity Society).

According to estimates there are close to 2.1 billion overweight people in the world and over 1 billion obese people reside in the developing countries. **Childhood obesity is another major concern area. According to estimates, 30% of obesity begins in childhood and 50-80% of obese children grow to become obese adults.**

The conclave was a conglomeration of clinicians from various medical and surgical specialties all sharing a common interest of managing obesity. Over 300 eminent obesity experts from across the globe attended the conference. The conclave comprised a comprehensive review of obesity management. The introductory address stressed on the importance of recognizing obesity as a chronic disease. **A disease which has stealthily pervaded the populace across the globe as the worst pandemic in reported history.** A note was also made on the growing prevalence of this disease entity in India further straining our health system. There was a call for a concerted effort to prevent further spread and aggressively treat the existing problem of obesity.

Lectures on the underlying causes of obesity drew special insight into the disease etiology. A fertile environment in the form of genetic predisposition coupled with food abundance, an unbalanced diet and lack of exercise emerged as the most frequent scenario for gaining weight. An interesting hypothesis was on “an infective origin of obesity”. Infection by adenoviruses especially avian adeno viruses was described as a possible trigger resulting in weight gain. If this hypothesis is proved, it is possible that a vaccine to prevent obesity may be developed in the future. Management of obesity was discussed in a holistic approach with inputs from physicians, endocrinologists, nutritionists and yoga experts. Life style modifications proposed were a balanced, nutritious diet, increase in physical mobility and a positive frame of mind. It was also stressed that dispersing knowledge about obesity, its origin, manifestation and deleterious effects especially, diabetes, hypertension, coronary artery disease, sleep apnoea and cancers worked as a powerful tool to help reduce and maintain weight loss. Obesity in reference to obstetrics and menopause was also discussed. Bariatric surgery or surgery for obesity was accepted as the treatment of choice for managing patients of morbid obesity.

Various bariatric procedures such as gastric bypass, adjustable gastric banding, sleeve gastrectomy and biliopancreatic diversion with duodenal switch were discussed in detail. The highlight of the conference was the live workshop of various bariatric procedures performed on patients with morbid obesity. All procedures were performed laparoscopically and included adjustable gastric banding, sleeve gastrectomy and Roux-en-Y gastric bypass. These patients have since lost between 12-20 kgs. Management of patients following bariatric surgery included need for close follow up, nutritional supplementation and cosmetic surgery for body contouring. The heavy scientific content of the conference was well balanced by light entertainment at sunset. The highlight of this session was a satirical discourse by renowned poet Surrender Sharma who had the delegates in splits for an hour followed by dance and dinner. The conference concluded with all experts expressing satisfaction at the growing collaboration between various medical fields in a multidisciplinary approach to manage obesity.

- **An epoch event to crystallize world view on Hernia**

The Second Congress of Asia Pacific Hernia Society - "ASIA PACIFIC HERNIA CONGRESS & LIVE WORKSHOP 2006" was organized by the Minimal Access and Bariatric Surgery Centre, Sir Ganga Ram Hospital from 6 - 8th October at Hotel Taj Palace, New Delhi. This international mega event was organized under the aegis of Indian association of gastrointestinal endosurgeons (IAGES) and Association of surgeons of India (ASI).

The theme of this congress was "an epoch event to crystallize world view on Hernia".

The congress provided a platform to herniologists from the world over to share and exchange views and experiences on different surgical approaches to treat a variety of hernias. The highlights of the congress were the high quality of scientific presentations and an impressive international presence as faculty and delegates from 19 countries across the globe.

The scientific sessions on hernia included sessions on Evolution, surgical techniques, resolving controversies, newer concepts and literature update. Faculty Share-Ware and Video Masterclass were platforms for experienced faculty to share their experiences. A Panel Discussion on "Groin hernia repair - what is going on?" encapsulated current practice in groin hernia.

The live workshop was conducted at Sir Ganga Ram Hospital and telecast to the conference venue at Hotel Taj Palace. This comprised surgical repairs for hernias, both conventional and laparoscopic for groin, ventral and incisional hernias. Fourteen surgical repairs were performed with live transmission and interaction with the audience at the conference venue.

The scientific content and proceedings of the conference were presented in a special edition of the Journal of Minimal Access Surgery (JMAS), the official publication of the Indian Association of Gastro Intestinal Endosurgeons (IAGES). The abstracts were published in a special edition of Hernia Journal, the official organ of AHS, EHS and APHS.

- **Metabolic & Obesity Summit**

Metabolic & Obesity Summit held on 15 & 16 November 2008 in Hotel Hyatt Regency, New Delhi. The theme of the Summit was "Consensus in Diagnosis and Management of Obesity & Metabolic Syndrome". The Summit was organized by Minimal Access, Metabolic & Bariatric Surgery Centre, Sir Ganga Ram Hospital in association with Ministry of Health & Family Welfare, Government of India; Obesity & Metabolic Surgery Society of India (OSSSI), All India Association for Advancing Research in Obesity (AIAARO) and Diabetes Foundation of India (DFI).

Further the Summit, aims to create a forum for the medical community to work and prepare the consensus recommendation and guidelines in relation to overweight, obesity, diabetes, metabolic syndrome and risk associated with these conditions for Indians. We aim to provide a "treatise" of consensus in the form of reference book.

- **IV MEETING OF INTERNATIONAL ENDOHERNIA SOCIETY**

The Fourth Annual Meeting of International Endohernia Society (IEHS) in conjunction with Asia Pacific Hernia Society and Hernia Society of India (National Chapter of APHS) was held between 19 - 21 February 2009 at Hotel Intercontinental Eros, New Delhi. The Conference was organized by Minimal Access, Metabolic & Bariatric Surgery Centre, Sir Ganga Ram Hospital, New Delhi, India.

The theme of the Meeting was "Consensus Conference for the development of technical guidelines in Endohernia Surgery".

The International Endohernia Society is a group of like minded hernia enthusiasts, comprising internationally renowned surgeons and herniologists in the World today, propagating hernia repair by minimal access surgery. Thirty leading global experts in herniology participated and present to share their views and experience at the Congress.

The highlight of this meeting was the Pre-Congress deliberations in the form of a closed group meeting of thirty leading researchers, scientist and surgeons in the field of hernia repair. Different aspects of endohernia repair were presented by each of the faculty, highlighting currently available evidence in literature today that would constitute best practice in hernia repair today. Brainstorming amongst the experts lead to a further refinement of the best available practice in hernia repair.

The concluding session of the meeting was a presentation of these best practice guidelines in front of the general assembly. A documentary monograph that outlines these best available practice guidelines in Endohernia groin surgery shall be produced after the meeting which is likely to be a landmark event.

The scientific sessions on hernia included sessions on Evolution, surgical techniques, resolving controversies, newer concepts and literature update. Faculty Share-Ware and Video Masterclass were platforms for experienced faculty to share their experiences.

The live workshop was conducted at Sir Ganga Ram Hospital on 21st February 2009. This comprised surgical repairs for all types of hernias, laparoscopic for groin, ventral and incisional hernias. The International faculty demonstrated their art of hernia repair during the live workshop. Ten surgical repairs were performed with live transmission and interaction with the audience.

Dr. Pradeep Chowbey's professional and academic achievements in the field of Endosurgery are numerous.

- ⊖ Joint Managing Director, Max Healthcare, New Delhi, India 2009
- ⊖ Director – Institute of Minimal Access, Metabolic & Bariatric Surgery, Max Healthcare, New Delhi, India 2009
- ⊖ Chief – Suregry & Allied Specialities, Max Healthcare, New Delhi, India 2009
- ⊖ Former Chairman, Minimal Access, Metabolic & Bariatric Surgery Centre, Sir Ganga Ram Hospital, New Delhi, 1996
- ⊖ First Honorary Endoscopic & Laparoscopic Surgeon to the President of India, 2000
- ⊖ First Honorary Consultant in laparoscopic surgery to Armed Forces Medical Services of India (AFMC), 2000
- ⊖ Surgeon to His Holiness **Dalai Lama**
- ⊖ Trustee and Past President Indian Association of Gastrointestinal Endo-surgeons (IAGES), 2002
- ⊖ Past Governor (India), Society of Endoscopic and laparoscopic surgeons of Asia (ELSA), 1997
- ⊖ Board Member, Gasless Laparoscopic & Endoscopic Surgeons Society, International (GasLESS), 1997
- ⊖ Convenor, Post Doctoral Fellowship in Minimal Access Surgery, National Board of Examinations, under the aegis of Ministry of Health and Family Welfare, New Delhi, 2000
- ⊖ President – IFSO, Asia Pacific Chapter
- ⊖ President, Asia Pacific Metabolic & Bariatric Surgery Society, 2009
- ⊖ Honorary Member of Indonesian Hernia Society, Bali, Indonesia in 2009
- ⊖ President, Asia Pacific Hernia Society, Singapore, 2004
- ⊖ Founder Member, Asia Pacific Bariatric Surgery Group, 2004
- ⊖ Secretary General, Asia Pacific Metabolic & Bariatric Surgery Society, 2005
- ⊖ Advisor, Asia Pacific Endosurgery Task Force, 2004
- ⊖ Past President, Obesity & Metabolic Surgery Society of India (OSSI)
- ⊖ National Expert Patron, Indian Society of Minimal Access & Gynaecological Endoscopic Urogynaecological Surgery (IMAGES), Mumbai 2005
- ⊖ Chief Convenor, Surgical Education Leaders' Summit 2005 – Shaping the Future by 2010, Chennai 2005.

- ω Faculty, Foundation for Endocrine surgery, training and advancement at Sanjay Gandhi Postgraduate Institute of Medical Sciences (SGPGI), Lucknow, 2001
- ω Expert Panel Member, The Minimal Invasive Surgery Development Center, a recent establishment of the United Christian Hospital, Department of Surgery, Hong Kong, 2001
- ω Expert Panel Member, The Minimally Invasive Surgical Center(MISC), National University Hospital, Singapore, 2003
- ω Faculty Member, Ethicon laparoscopic training centre at New Delhi, 2003
- ω Patron, Association of Endoscopic Surgeons, New Delhi, 1999
- ω Faculty Member, Ethicon laparoscopic training centre at Mumbai, 1999
- ω With over 48,000 surgeries to his credit he is featured in the Guinness Book of Records 1997 and Limca Book of Records 2000 – 2009 (consecutive years) as the first Endoscopic surgeon performing most number of minimal access surgeries.
- ω Chairman of the core-group of experts from all over the country, who deliberated and formulated guidelines and recommendations for minimal access surgery in India. The resulting treatise on "Minimal Access Surgery - Guidelines and Recommendations" was released by the Hon'ble President of India at Rashtrapati Bhavan on July 15, 2002. These guidelines are supported by all medical bodies and governmental organizations of repute viz. Indian Medical Association, National Board of Examinations, Medical Council of India, Ministry of Health and Indian Council of Medical Research, and are also endorsed by the Indian Association of Gastrointestinal Endo-Surgeons (IAGES).
- ω **Honor of operating on His Excellency Shri K R Narayanan for his gall bladder surgery (March 29, 2001)**
- ω **Honor of operating on His Holiness Dalai Lama for his gall bladder surgery (October 10, 2008)**
- ω Record of performing surgery in the shortest duration (4-1/2 min.)
- ω The first person to perform laparoscopic cholecystectomy in Sri Lanka in 1993
- ω Performed laparoscopic surgery on patients aged 3 months to 92 years and on patients weighing upto 180 kgs (morbidly obese)
- ω The largest series of laparoscopic cholecystectomy on patients of situs inversus (seven cases).
- ω The first to perform simultaneous laparoscopic splenectomy on a patient scheduled for renal transplant with ITP.
- ω Featured several times in Electronic media for assessing all aspects of minimal access surgery on various channels for scientific and patient awareness programmes

Academic Qualifications

MBBS	:	1973, Govt. Medical College, Jabalpur (MP)
MS (General Surgery)	:	1977, Govt. Medical College, Jabalpur (MP)
MNAMS	:	1979, National Academy of Medical Sciences, New Delhi (India)
FIMSA	:	1999, International Medical Science Academy, New Delhi (India)
FAIS	:	2001, Association of Surgeons of India, New Delhi (India)
FICS	:	2001, International College of Surgeons, Chennai (India)
FACS	:	2007, American College of Surgeons, Chicago
Doctor of Science (Honoris Causa)	:	2007, Jabalpur University, MP

Trained in the following Institutions

1. Tata Memorial Cancer Hospital, Bombay
- "Gastroenterological Surgery" with Dr. P.B. Desai.
2. Memorial Sloan Kettering Cancer hospital, New York, USA
- Hepatobiliary Malignancy and Breast Diseases.
3. Royal Marsden Cancer Hospital London, U.K.
- Hepatobiliary Malignancy and Breast Diseases.
4. Singapore General Hospital, Singapore.
- "Laparoscopic Surgery" with Prof. Mohan Chellappa.
5. University Hospital, Kuala Lumpur, Malaysia.
- "Laparoscopic Surgery".
6. Siloah Hospital, Hannover, Germany
- "Advanced Laparoscopic Surgery" with Prof. Ludwig.
7. John Hopkins Institute, Baltimore, USA
- "Advanced Minimal Invasive Surgery"
8. Cleveland Clinic, Ohio
- "Laparoscopic Gastric Banding" with Dr. Philip Schauer
9. Monarch University, Geelong, Australia
- "Laparoscopic Bariatric Surgeries" with Dr. Paul Obrien
10. Mount Sinai Medical Centre, Miami Beach, Florida
- "Laparoscopic Bariatric Surgeries"
with Dr. Michel Gagner

Membership of Professional Societies

- ω Founder President, Asia Pacific Hernia Society (APHS)
- ω President– IFSO, Asia Pacific Chapter
- ω President– Asia Pacific Metabolic & Bariatric Surgery Society (APMBSS)
- ω Honorary Member of Indonesian Hernia Society, Bali, Indonesia in 2009
- ω Past President, Obesity & Metabolic Surgery Society of India (OSSI)
- ω Past Governor (India), Society of Endoscopic and laparoscopic surgeons of Asia (ELSA)
- ω Indian Association of Gastrointestinal Endo-surgeons (IAGES)

Trustee	2006 till date
Past President	2004 - 2006
President	2002 – 2004
President Elect	2000 -2002
Honorary Secretary	1998 - 2000
Vice President	1994 - 1998

- ω Member, The Society of American Gastrointestinal and Endoscopic Surgeons(SAGES)
- ω Member, International Association of Endocrine Surgeons (IAES)
- ω Member, International Society of Surgery (ISS)
- ω Member, European Association for Endoscopic Surgery (EAES)
- ω Member, International Medical Science Academy (FIMSA)
- ω Member, Indian Society of Oncology (ISO)
- ω Governing Council Member, Association of Surgeons of India (ASI)
- ω Member, National Academy of Medical Science (MNAMS)
- ω Member, Indian Society of Gastroenterology (ISG)
- ω Member, Indian Association of Surgical Gastroenterology (IASG)
- ω Founder Member, Obesity Surgery Society of India (OSSI)
- ω Member, Membership Drive Committee – Association Surgeons of India (ASI)
- ω Member, Workshop Committee – Association Surgeons of India (ASI)
- ω Patron, Health Care Welfare Society
- ω Patron, Association of Endoscopic Surgeons (AES)
- ω Fellow, American College of Surgeons (FACS)
- ω Fellow, The Association of Surgeons of India (FAIS)
- ω Fellow, International College of Surgeons (FICS)

Awards for Professional Excellence

- Doctor of Science (Honoris Causa Doctorate) by His Excellency Governor of MP and the Vice-Chancellor of the University of Jabalpur, October 2007
- Dr. K C Mahajan Award for Best Academician, January 2006
- Gem of India Award for excellence in field, 2006
- Arch of Excellence (Medicare) Award, 2006
- Bharat Jyoti Award, 2006
- Rashtriya Rattan Award & Gold Medal for Medical Excellence, December 2005
- Indira Gandhi Priyadarshini Award for excellence work in the laparoscopy field, November 2005
- Dhanvantari Award for Excellence in Health Care, November 2005
- Awarded IMAGES Masters Virk Award – 2005 by Virk Hospital Centre for Human Reproduction, for pioneering efforts in the field of Endoscopic Surgery
- Awarded Padma Shri, the highest civilian honor, awarded by the President of India for his dedication and services in the field of Minimal Access Surgery in January 2002
- ACADIMA 2001, awarded for excellent work and contribution in the field of Minimal Access Surgery.
- Aadharshila award for excellent work and contribution in the field of medicine.
- Placed in Limca Book of Records 2000 to 2009 consecutive years for most minimal access surgery
- Ratna award in Laparoscopic Surgery by Punjab Government in February, 2000.
- Awarded by Guinness Book of Records for most minimal access surgery in 1997.
- Awarded Arya award for most compassionate doctor in 1997.
- Vocational award 1995-96 by Rotary International for services to mankind through vocational excellence and high ethical standard.
- Awarded Gold Medal by Indian Medical Association as “Young Investigator of India 95”.
- Best performer National Board of Examination for MNAMS degree in 1979.
- Gold Medal and best performer, Govt. Medical College, Jabalpur (MP) at the MS (Gen. Surgery) in 1977
- Merit in all subjects, Govt. Medical College, Jabalpur (MP) at the MBBS examination in 1973.

Organization of **Training Courses**

- ⊙ Accredited by the National and International organizations of repute, viz.:
 - Indian Association of Gastrointestinal Endo-surgeons(IAGES)
 - Endoscopic and Laparoscopic Surgeons of Asia (ELSA)
 - European Association of Endoscopic Surgery (EAES)
 - Indian Medical Association (IMA)
 - Asia Pacific Hernia Society (APHS)
 - Society of American Gastrointestinal Endoscopic Surgeons (SAGES)

- ⊙ **Ongoing training courses**
 - A **Post-doctoral fellowship** in minimal access, metabolic & bariatric surgery recognized by the National Board of Examinations, New Delhi. The Institute admits three fellows each year after theoretical examination and interview.

 - Fellowship courses **where two (2) fellows are admitted simultaneously for three months training.**

 - Observership courses **where six observers are admitted in a batch simultaneously for two weeks training.**

 - **Clinical Fellowship in Laparoscopic Bariatric Surgery** (3 – 6 months)

 - **Clinical fellowship in endoscopic hernia surgery** (1 month) to provide high quality practical training, in various aspects of laparoscopic hernia repair.

 - **Fellowship Programme in Bariatric Anesthesia** (1 month) to provide educational opportunities to anesthetists to enhance their abilities, interests and knowledge in minimal access & bariatric surgery.

 - **Master Class in Endoscopic Hernia Surgery** (2 days)

 - A formal Basic training course (5 days) every two months.

- ⊙ **Training in various workshops**
 - Provided training as invited faculty in numerous workshops on minimal access surgery all over India and abroad

- ⊙ **State of the art training centre**
 - Collaborating with Industry to set up a modern state of the art centre for training in minimal access surgery.
 - Evaluation and assessment of all types of new and advanced gadgets and instruments provided by the best manufacturers all over the world.

- ⊙ **Surgeons trained**
 - The department so far trained 2500 practising surgeons from all over India and abroad of Medical Colleges, Public and Private hospitals.

Scientific Publications

PUBLISHED

INTERNATIONAL / NATIONAL

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PARTICIPATION IN ACADEMIC CONFERENCES & WORKSHOPS

- ω Conducted and actively participated in more than 500 national and international workshops on basic and advanced laparoscopic procedures and prestigious conferences including World congresses, Asia Pacific Conferences and SAARC countries conferences.
- ω Advisor to various Government bodies and universities to provide expertise and facilities of minimal access surgery including procurement of medical equipment for the medical institutions / hospitals.
- ω Invited by various prestigious Organizations & Foundations in the country / abroad and delivered many orations, key- note addresses and guest lectures.

